## St. James Health Saturday, 2/22/25

## 5K • 10K • Fun Run

Start Times

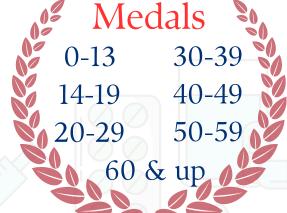
8:00AM Fun Run 8:30AM 5k/10k



Packet Pickup Info

Thursday, February 20, 2025, 4pm-8pm Millpond Brewing and Incubator 308 E Washington St Millstadt, IL 62260





\$35 Adult 16+ 5k/10k \$30 Child 15 and younger 5k/10k \$25 Fun Run 10 and younger \$35 Virtual 5k

Wellness Fair

Free admission!

St. James Parish Center 423 W. Madison St. Raffles, Prizes, Resources 8:00AM-12:00PM

Online Registration

## St. James Health Fair

We are excited to invite you to be part of the St. James Run with Heart Race's Winter Health Fair. As a valued health and wellness business, your participation would help us promote healthy living to our community by offering free health screenings, wellness information, interactive health challenges, and educational materials. This is a fantastic opportunity to showcase your services while supporting our mission to encourage healthier lifestyles.

If you're interested in joining us, please complete the form below and return it to St. James Millstadt School, Attention: Run with Heart.

Thank you for considering this opportunity to engage with our community and inspire wellness!

#### **Vendor Information**

Name of Business	Contact		
Phone Number	Email		
Address			
Yes, I would like to be a vendor at t	he Winter Health	Fair	
I can bring my own table/I do not ne	ed one		
I would need a table provided			
I will provide the following screening	and/or literature :		
I would like to hold a demonstration	on the topic:		
I would like to bring the following for	swag/door prizes:		
I would like to become a St. James R on the event shirts for \$150.	un With Heart Spons	or and advertis	se my business
I am not able to attend this year, b	ut please reach o	out next year	
Return by 1/15/25 to: 412 W/W	lashington Street	Millstadt II 6	2260

Saturday, 2/22/25 8:00 AM to 12:00 PM

St. James Parish Center 423 W. Madison St. Millstadt, IL



# St. James Health Run

St. James Catholic School is excited to host the Run with Heart 5K/10K and Winter Health Fair on Saturday, February 22, 2025. We are seeking generous support from businesses and individuals to contribute either cash donations or attendance prizes for the event.

The run will take place in Millstadt, IL, starting and finishing at the St. James Parish Center. Participants who pre-register will receive event T-shirts, and there will be awards for the best male and female runners by age group, medals for kids, and attendance prizes. Our past races have been a tremendous success, attracting large crowds from the community.

We invite sponsors to showcase their businesses on race Tshirts, race route signage, or in participant bags. Below, you'll find the various sponsorship levels and associated benefits. Thank you for considering this opportunity to support our event and promote heart health in our community.



Saturday, 2/22/25 8:00 AM to 12:00 PM St. James Parish Center 423 W. Madison St. Millstadt, IL

#### Sponsor Information

Name of Business or Sponsor \*Please list exactly how you would like it listed on any publication

Contact Name	Phone & Email
\$50 - I can't attend & don't ne	eed recognition but want to donate!
\$150 – Your name or business	s name will be listed on our t-shirts
\$200 – Your name or busines	s logo will be listed on our t-shirts
\$300 – Your name or busines and 3 sponsor race signs will	s logo will be listed on our t-shirts be posted along the race route.
\$500 – Your name or busines and 6 sponsor race signs will	es logo will be listed on our t-shirts be posted along the race route.
TWe appreciate any	monetary donation or attendance prizes you can

We appreciate any monetary donation or attendance prizes you can offer and understand if you are unable to donate at this time.

For additional information, please call St. James School @ 618-476-3510 or email principal@stjamesmillstadt.com If you would like to be a donor, please return your check and form by January 15, 2025